

2026 UNITED STATES SOUTHWEST AREA
WOMEN'S CONFERENCE



Faithful AND Loved

I AM A DAUGHTER OF GOD

Saturday, September 19, 2026
University of North Texas, Denton

The Church of Jesus Christ of Latter-day Saints

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Faithful AND Loved

I AM A DAUGHTER OF GOD



Welcome

As we sought to understand what the Lord desired for the women attending this conference, we were continually drawn to the hearts of these remarkable daughters of God. We counseled together about the vast challenges so many women are facing. These may include heartbreaking trials, division and confusion within the home, a growing sense of isolation, anxiety over their families and their eternal journey, and struggles with personal value and divine worth. We also recognized a deep yearning for friendship and belonging. It became increasingly clear that the adversary has intensified his efforts against God's daughters, seeking to isolate them, diminish their confidence, and obscure their divine identity.

We felt impressed that Heavenly Father desired to confirm to these precious women who they truly are. They have Heavenly Parents who love them beyond measure. They are daughters of the King, reserved for this very time to help accomplish His work and stand faithfully in the spiritual battles of our day. They are women who were faithful long before they came to earth and who continue to choose God, even in the most daunting of circumstances.

We also felt that this confirmation of identity could not be separated from a deeper understanding of the character of Heavenly Father and the Savior, nor from the power

that comes through making and keeping sacred covenants. As women come to know who God is, they begin to better understand who they are. As they draw nearer to Him through their covenant relationship, they discover peace amid uncertainty, strength in adversity, and enduring joy in living the gospel of Jesus Christ.

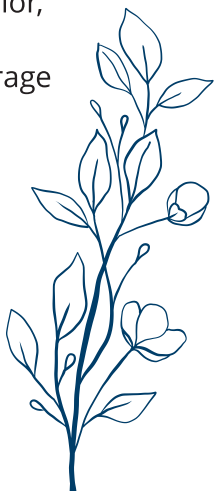
Our hope is that every woman who attends this conference will experience far more than an inspiring day. We pray she will leave feeling seen, known, and deeply loved by the Lord, with a renewed assurance of her divine identity and a sure knowledge that her hope in Jesus Christ is real.

As a result, we hope she will recognize that she is more faithful than she thought, and more loved than she imagined.

With that assurance, we hope she will feel empowered to "do and to become" —to strengthen her relationship with the Savior, stand confidently in her covenants, and testify of Jesus Christ with faith and courage in her home, family, and community.

YOU ARE PRECIOUS IN MY SIGHT,
and honored, and I love you.

ISAIAH 43:4





Conference Committee

Area Seventy:

Jonathan G. Cannon

Conference Coordinators:

Jamie Demeyere
Jane Miller
Deverie Johnson

Service:

Jamie Hunsaker (Lead)
Heather Perdue
Shanell Dunn
Corrine Nelson
Michelle Countryman
Mari Guenther
Eadie Cooper
Shauna Johnson
Jenn Hutchens

Food:

Natalie Benovitz (Lead)
Erricka Lofland
Ginger Upshaw

Set Up/Decor:

Quinn Nielson (Lead)
Hayley Marshall

Communications:

Julie Egan (Lead)
Jill Taylor
Angie Johnson
Valerie Coyle
Amanda Porter

Marketing:

Ayumi Anderson (Lead)
Christine Young
Sheri Smith

Social Media:

Jennifer Fearnley (Lead)
Allyson Hayward
Celeste Cragun

Registration:

Kendra O'Connell (Lead)

Music:

Melissa Staheli (Lead)
Elise Bollwinkel

Finance:

Lucy Bangerter (Lead)

Venue:

Janet Hunt (Lead)
Karina Metcalf
Cherise Alva
Hannah VanDerwerken
Cristie Owen

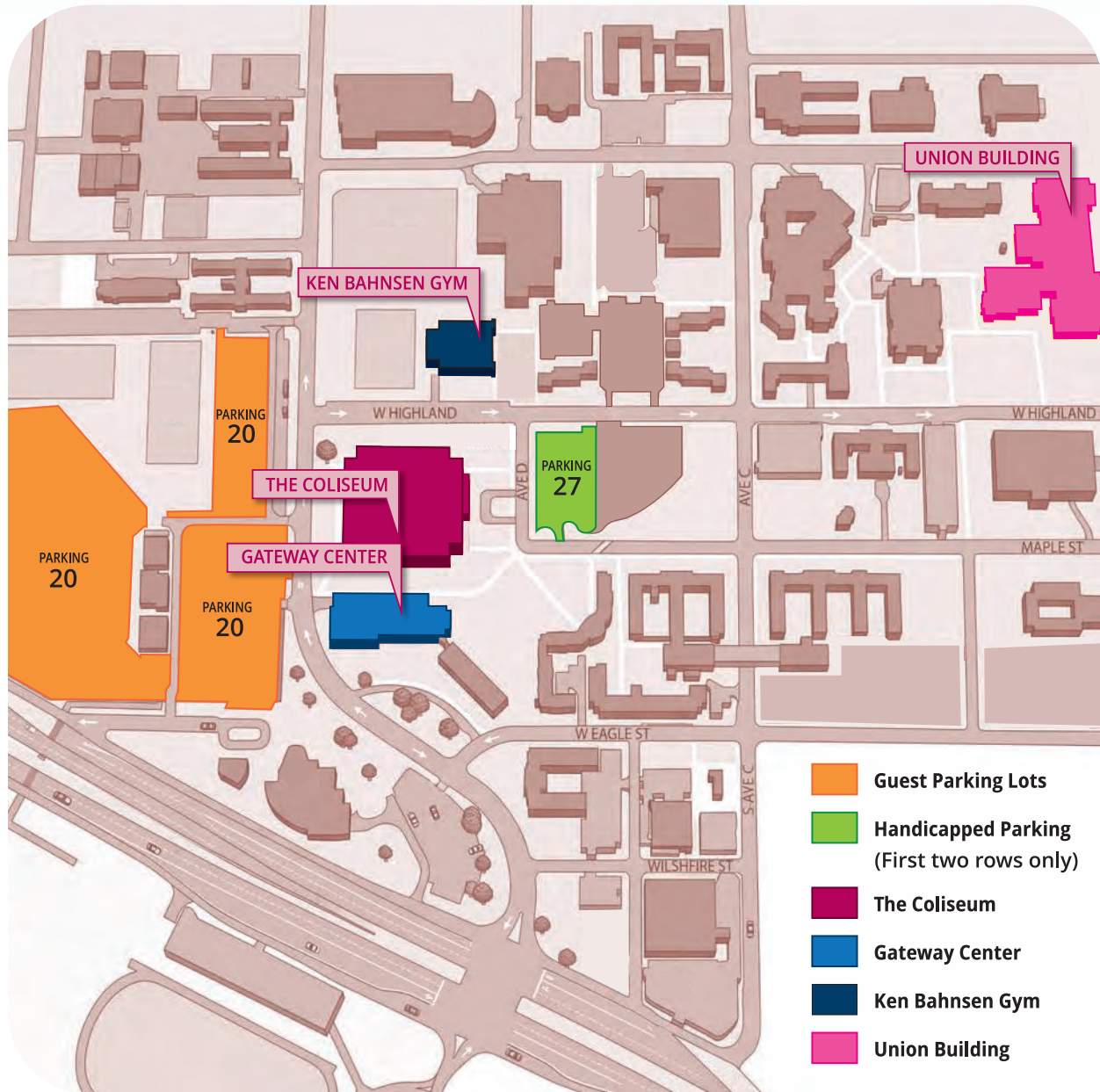
Workshops:

Ruth Sine (Lead)
Lara Ross
Julie Bujnowski
Kandyce McCracken





Campus Map



Please note that the first two rows of the green section (Lot 27) are reserved only for vehicles displaying a valid handicap parking permit.





Schedule

The day, hour by hour. Three devotionals.

This conference, held on Saturday, September 19, 2026, features morning, afternoon, and evening devotionals — each with a keynote — woven through five workshop sessions, service, and meals. All times are Central Daylight Time (CDT).

7:30 a.m. – 9:00 a.m.

Daytime check-in

The Coliseum Doors A–G

9:00 a.m. – 10:00 a.m.

Opening Devotional:
President and Sister Dunn

Coliseum Stage

10:00 a.m. – 4:00 p.m.

Service projects open

Bahnsen Gym

Drop in whenever your schedule allows.

10:20 a.m. – 11:00 a.m.

Workshop #1

The Coliseum ♦ The Gateway ♦
The Union

11:20 a.m. – 12:00 p.m.

Workshop #2

The Coliseum ♦ The Gateway ♦
The Union

12:00 p.m. – 1:00 p.m.

Lunch

Participant's choice

Not provided — lunch is on your own. Concessions B and E are open for purchases.

1:00 p.m. – 2:00 p.m.

Afternoon Devotional:
Neill Marriott

Coliseum Stage

2:20 p.m. – 3:00 p.m.

Workshop #3

The Coliseum · The Gateway ·
The Union

3:20 p.m. – 4:00 p.m.

Workshop #4

The Coliseum ♦ The Gateway ♦
The Union

4:20 p.m. – 5:00 p.m.

Workshop #5

The Coliseum ♦ The Gateway ♦
The Union

5:00 p.m. – 6:30 p.m.

Dinner

The Coliseum

Provided at no charge.

6:00 p.m. – 7:00 p.m.

Evening check-in

The Coliseum Door G only

7:00 p.m. – 8:00 p.m.

Evening Devotional:
Elaine Dalton

Coliseum Stage

*Broadcast across the U.S.
Southwest Area.*

*Please check our website for the
broadcast link.*

SERVICE

Service projects are open in Bahnsen Gym from 10:00 a.m. to 4:00 p.m. Drop in whenever your schedule allows.

Daytime workshops and classes run 10:20 a.m. to 5:00 p.m. A detailed class schedule, with room assignments, will be shared with your confirmation the week of the event.



Music

Opening Devotional

Special prelude number: "Be Still My Soul", arr. Christine H. Davis

Christine Davis Smaellie and Marinda Bennion, violin with Elise Bollwinkel, piano

Opening hymn: #309 "As Sisters in Zion"

Chorister: Mikyung Stokes Pianist: Lisa Rugg

Musical number: "Savior, Redeemer of My Soul", composer Rob Gardner

Jenny Parkinson, Julianne Winenz, Stephanie Nguyen
with Marinda Bennion, violin and Anna Kenworthy, piano

Afternoon Devotional

Special prelude number: "Amazing Grace", arr. Kurt Bestor/Jenny Oaks Baker

Carli Salas, violin with Elise Bollwinkel, piano

Opening hymn: Children's Songbook #74 "I Feel My Savior's Love"

Chorister: Karen Faucette Pianist: Lauralea Moline

Musical number: "The Lord is My Light", arr. Rachel Mohlman

Deanna Baker, Stephanie Johnson, Sara Brown, Megan Winenz, Stephanie Nguyen,
Julianne Winenz, Kara Scifres, Emily Earl with Lauralea Moline, piano

Evening Devotional

Opening number: "We Rejoice", composed by Tyler Castleton/Staci Peters

US Southwest Area Women's Choir

with Christine Davis Smaellie, Marinda Bennion, Carli Salas, Debbie Broberg, Alice McIlrath,
Carma Needham, Kristy Hall, Carol Harlos, strings and Elise Bollwinkel, piano

Melissa Staheli, conductor

**Musical number: "O Father, Light Mine Eyes",
composed by Christina Bishop, arr. Ronald Staheli**

North Dallas Select Women's Choir with Elise Bollwinkel, piano

Melissa Staheli, conductor

Closing hymn: #136 "I Know that My Redeemer Lives"

Chorister: Melissa Staheli Pianist: Elise Bollwinkel



The Voices of the Day



Opening Devotional

Elder Michael A. Dunn and Sister Linda P. Dunn

Michael A. Dunn is a General Authority Seventy of The Church of Jesus Christ of Latter-day Saints. Raised by a faithful mother after his parents divorced, he joined the Church as a high school senior after being welcomed by Latter-day Saint friends and inspired by missionary teachings. He later served in the Hawaii Honolulu Mission, married Linda Virginia Poulson in the Salt Lake Temple on May 1, 1980, and together they raised three children while building a family life centered on faith in Jesus Christ, endurance, and service.

Elder Dunn's professional career has spanned journalism, advertising, television, and media leadership, including roles with Fotheringham and Associates, Bonneville Communications, Dunn Communications Inc., KUED, BYUtv, and BYUradio. His Church service has included assignments as bishop, stake president, mission president of the South Africa Johannesburg Mission from 2014 to 2017, Area Seventy, and General Authority Seventy.

Known for his love of endurance sports (including 50 marathons combined with his wife, ultra marathons and Ironman), his perspective is that difficult challenges can strengthen faith. Elder Dunn often reflects on the Lord's guidance in his life and his desire to witness of Jesus Christ and His restored gospel.

Linda Dunn's career has been spent primarily in education. At the University of Utah she lead two departments serving as Executive Director of Alumni Relations and Executive Director of the Lowell S. Bennion Coummunity Service Center, a nationally renown service learning program. She also worked at Brigham Young University where she was an adjunct professor and internship coordinator in the Department of Exercise Sciences. Prior to those roles she was the Executive Director of Utah Campus Compact which champions service learning at Utah's universities and colleges.

Linda's education includes a B.S. in Education and a Masters of Educational Administration from the University of Utah.

Her church experiences includes Stake Young Women's President and gospel doctrine instructor. She and her husband Michael presided over the Johannesburg South Africa Mission from 2014-2017.

Linda and Michael have three children and 12 grandchildren. She enjoys skiing, running, and biking in the beautiful Wasatch mountains.



The Voices of the Day — Cont'd



Afternoon Devotional

Neill Marriott

Sister Neill Marriott is a Southerner by birth, a Texan by education, and a convert to the Church of Jesus Christ of Latter-day Saints by faith. She has lived in Texas six years! Four years of college in Dallas, and from 1978 to 1979 in Houston where she and her husband, David Marriott, had their fifth child. The family moved to Utah and grew to 11 children. They now have 50 grandchildren and four great-grandchildren. She and David have served three missions and after the children grew up, they traded a house in the city for a home in the small pioneer town of Wallsburg, Utah. Sister Marriott loves the Savior Jesus Christ and his restored gospel, gathering with her family and friends, re-arranging furniture, and walking on the nearby “Mud Lane” in the early morning.



Evening Devotional

Elaine Dalton

Elaine Dalton was born and raised in Ogden, Utah. She received her bachelor's degree in English from Brigham Young University.

She married Stephen E. Dalton and they are the parents of five sons and one daughter and after 50 years of marriage they find themselves surrounded by 21 blond haired grandchildren!

She served as the Young Women General president of the Church of Jesus Christ of Latter-day Saints from 2008 until 2013. She feels this service has been a grand privilege and blessing in her life.

Elaine served as the Chair of the Board of Trustees at Utah Valley University. She is currently the president of the Stella Oaks Foundation. Her most important titles however are wife and best friend of Stephen Dalton, mother to six magnificent adult children, and grandmother.

She enjoys being outdoors, hiking with her family and dancing with her granddaughters. She has run 17 marathons and qualified for and completed two Boston Marathons. She is the author of three books for women and young women and speaks to groups of young women and women about their identity, potential, and purpose.

Elaine loves life and believes in people. She has great confidence in the rising generation of noble youth. She often says “I believe that one virtuous young woman or young man can change the world!”





Workshops and Classes



Amy Benson

Covenant Power: Drawing on the Savior's Strength

This workshop is about our relationship with Jesus Christ—and how that covenant connection gives us real access to His strength. We'll talk about how to draw on His power so we have more peace, more capacity, more ability to handle what everyday life throws at us. We'll also spend time on how this actually plays out in practice, not just the doctrine—looking at how to apply these principles in the moments we need His strength most.



Amy Kotter

Covenant Power: Drawing on the Savior's Strength

This workshop is about our relationship with Jesus Christ—and how that covenant connection gives us real access to His strength. We'll talk about how to draw on His power so we have more peace, more capacity, more ability to handle what everyday life throws at us. We'll also spend time on how this actually plays out in practice, not just the doctrine—looking at how to apply these principles in the moments we need His strength most.



Angie Nicholas

Finding My Place in the Body of Christ

This workshop will use simple concepts from biology to help us better understand the analogy of being part of the Body of Christ, showing that even the smallest cells and molecules are vital to the whole body, just as each individual is vital to the Lord's Kingdom.



Anne Rhodus

Finding Peace in the Atonement of Christ

In a world of uncertainty and overwhelming demands, true peace can feel out of reach. Yet Jesus Christ offers a peace deeper than any circumstance through His infinite Atonement. This interactive workshop explores how the Savior does more than forgive sins—His grace heals broken hearts, eases anxiety, and strengthens us through daily trials. Through scripture, reflection, and discussion, you will discover practical tools to surrender your burdens and access His enabling power. Join us to renew your faith and experience the Savior's promise: "Peace I leave with you, my peace I give unto you" (John 14:27).



Calvin and Ave'maria Griffin

Endowed with Power: Recognizing God's Love in Real Time

Join Calvin and Ave'maria Griffin for an inspiring exploration of what it means to be endowed with divine power and to recognize God's love actively working in your daily life. Drawing from decades of combined Church leadership, community outreach, and gospel service, Brother and Sister Griffin will share personal insights on recognizing heavenly influence, deepening your connection to the Savior, and drawing upon His strength during times of need. Come discover how to discern God's presence, trust in His promises, and experience His goodness in real time.



Casey Conley

Holding On When They Let Go

Staying strong when loved ones leave the gospel. Holding on when it feels hard.



Christine Davis Smaellie

How Can I Keep from Singing?!

Christine is excited to share insight into the powerful impact of sacred music in our homes, families and communities through worship, creativity, fun and testimony. Integrating scripture, testimony and audience participation we will focus on how music and hymn text strengthens our faith and relationship with God and Jesus Christ as well as strengthening ourselves, families and loved ones.



Workshops and Classes — Cont'd



Cindy Richardson

I am Good Enough: Finding Your Christ-Centered Identity

The world constantly measures our worth by appearance, accomplishments, or approval, leaving many to feel they aren't "good enough." This class

explores how grounding our self-worth in our divine heritage as daughters of Heavenly Parents and our relationship with Jesus Christ can replace comparison and self-doubt with lasting peace, confidence, and the assurance that in His eyes, we have always been more than enough.



Colleen Terry Scoresby

Christ-Centered Identity

Understanding who we really are and our connection to Christ truly can strengthen us beyond our own power and brighten our hope.



Dr. Helen Graham

Why I Believe in the Savior: How Belief in the Savior Has Blessed My Family and Me

In this talk, Dr. Graham will share why she believes in the Savior and how that belief has

blessed her and her family. She will share examples of how He has kept His word by loving, protecting, and comforting her.



Dr. Shelby L. Clark

Tending Your Flame: Preventing Burnout and Building Resilience Amid Life's Demands

Life is full of opportunities to share our light with others. However, sharing our light

without becoming burned out can be challenging. This session will focus on how we tend to our well-being so that we can engage in our family life, church service, and other demands without overextending ourselves.



Elaine Thronton

Know Him Now

Together, as sisters, let's explore a knowing of the Savior that may yet be untapped within us. May we come away with a deeper understanding

of who He is, how to recognize His voice, and how to place ourselves more fully in His service now.



Elder Nathan Y. and Holly Carroll Sharp

Teens, Social Media, and Toxic Perfectionism: Will Parents Engage in the Wrestle?"

Our discussion focuses on the critical role parents play

in helping teenage children successfully navigate the difficulties of a world dominated by technology, social media, and toxic perfectionism.



Emily Utt

1. Seeking Christ in the Complexities of Church History

Does your gospel study ever leave you with more questions than answers? Do certain stories from church history feel

hard to process? You are not alone. This workshop offers practical tips and helpful frameworks to navigate tough topics so your study can deepen your faith in Jesus Christ and His restored gospel.

2. Covenant Women: Finding Our Divine Identity Through Faith and Heritage

Emma Smith declared that the Relief Society would do something extraordinary. Since 1842, women around the world have changed communities by living their covenants each day. Join this inspiring workshop to explore their powerful stories and find your unique place in this divine sisterhood.



Eva Timothy

To Bless, to Glorify: Growing Our Gifts with God

Cultivating our creative gifts as a means to bless others and to glorify God.



Geri Anne Larimer

"I Like to Move It, Move It" Cupid Shuffle

Dancing makes Geri Anne Larimer happy! Though she didn't major in it, she loved ballroom dancing at BYU. Today,

you'll find her line dancing, shimmying through Zumba, rocking out at concerts and cruises, or swing dancing with her husband at Western dance halls and weddings.



Workshops and Classes — Cont'd



Heather Fujikawa

Confidence In Christ

Together, we'll explore how rooting ourselves in Christ, trusting His direction, and acting on inspiration can give us greater confidence in who we

are, the path He has for us, and the potential He sees within us.



Heather Vandygriff

The Light We Choose: How Christ Transforms us in Darkness

In challenging times, we may find ourselves asking, "Master, carest thou not" that things are

hard here. Together, we'll explore—with honesty, hope, and a little cheer—how turning toward Jesus Christ in small and simple ways can transform not only how we walk through darkness, but who we become because of it.



Jen Geigle Johnson

Retain in Remembrance: Seeing and Recording God's Hand in Your Life

What if there is more evidence of God's goodness in our lives than we realize? Miracles are

all around us—in quiet answers, unexpected help, tender mercies, and everyday reminders that we are seen and loved. This workshop will help you recognize the Lord's hand more readily and discover simple, meaningful ways to record the evidence of His goodness.



Jennifer Ragsdale

"Saddle Up & Spur It!" — Cowboy Electric Slide "Boots, Beats & Boogie" — Choosin' Texas Line Dance

Bio: Jennifer Ragsdale has been dancing all her life... Aerobic

dance to Jazzercise. BYU ballroom to American Bandstand. Saturday's Warrior to Disco at Uncle Mario's, with her date, Donny. She is just grateful to still be moving and still lovin' it!



Jessie Koerner

Positivity Through Hardships

A wife of 18 years and mom of four, Jessie is a lifelong gatherer who loves adventuring, making memories, and hosting friends around the table. Her passion for

bringing people together over good food inspired her to launch several food-centered businesses. Above all, Jessie treasures her faith in Jesus Christ, using her testimony and love for others to encourage and uplift women around her.



Joan Dowd

This Life is the Test

Life's journey presents each of us with a myriad of twists and turns; trials, tragedies and triumph through enduring faith for the same hammer that shatters the glass also forges the steel.



Julie and Aaron Bujnowski

The Temple: A Place of Safety, Solace, and Revelation

We will teach attendees that finding safety, solace, and revelation in the House of the Lord means finding the Savior there.

We discuss the patterns, purposes, and doctrines of the temple and how the Savior is found in each. We close with a practical approach to gaining more from temple worship by inviting all to come often, come prepared, and come seeking Jesus.



Julie and Erik Egan

Christlike Communication

Explore how following the Savior's example can transform the way we communicate and strengthen our relationships—with our spouse, children, family, friends, coworkers, and those we serve.



Julie Atkinson

A Temple Journey Designed for You

Your learnings in the temple will be unique to you. "For the Lord God giveth light...unto their understanding." (2 Ne. 31:3)

Because each of us is unique, our temple worship journey will also be unique, by divine design.

Workshops and Classes — Cont'd



John and Karen Scholl *Before They Go*

Preparing future missionaries for their role as disciples of Jesus Christ.



Karen Garber *If I may but touch His garment*

The woman sought only to touch the hem of Jesus' garment to be made whole. But we can ask to be encircled around in the robe of His righteousness (2 Nephi 4:33).



Kasia Flanagan *Recognizing and Documenting Miracles in our Lives & Life Stories*

Throughout scripture, the Lord repeatedly asks His people to remember—to remember His goodness, His promises, and the ways He has guided them. In this session, you'll learn how recording your personal history can help you recognize and remember the Lord's hand in your life, creating a record of His faithfulness and love that you and your family will treasure for generations.



Katy Willey *Eternal Marriage is an Eternal Journey*

As Elder Anderson taught, "eternal marriage is an eternal journey." Putting Christ at the center of our lives and developing His attributes, can strengthen your marriage and deepen your connection with your spouse. Come learn practical, concrete ways to build a stronger marriage, including ideas on how to help your spouse magnify their calling in the church, as you both build your foundation upon the Savior.



Kerith Nichols *Your Thread in His Tapestry*

Using Family Systems theory to understand Paul's image of the body of Christ, this workshop looks at how we each belong to something larger than ourselves without losing what makes us who we are. We'll talk about finding your own thread in His tapestry—your individual way of serving in His kingdom.



Kim Patten *What If This Isn't How Your Story Was Supposed to Go?*

What happens when the life you imagined looks nothing like the life you're living? Drawing from personal experiences with unexpected challenges, divorce, career shifts, and motherhood, Kim shares how to move forward when plans change. This class explores how to navigate life's transitions without losing yourself, anchor your identity beyond roles or achievements, and find purpose in unwritten seasons. Discover how faith can guide your path and help you embrace who you are becoming in the next chapter.



Kimberly Alldredge *"Everybody Clap Your Hands" Cha-Cha Slide* *"Footloose and Fancy Free" Footloose Line Dance*

Bio: Kimberly Alldredge is from Melissa, Texas and has been on the stage her whole life! She continues to perform, choreograph and direct in local theaters around the area. She has 4 children ages 8-21 and a loving husband who supports her in all her crazy adventures. She just loves "dancing through life!"



Kristy Taylor *I Know Thee by Name: How the Lord Prepares Us for His Service*

We will discuss covenant and consecration using examples from scripture, Church history, and our own lives to see how the Lord calls us by name, how we can answer His call by letting Him consecrate us to the work of discipleship, and where we see the blessings of that call and answer in our lives.



Laura Welch *1. The Windy Path of a Covenant Mother*

How to navigate the complexities of a woman's path while fulfilling your divine role as a mother, growing as an individual, and becoming all God has destined for you to be.

2. A Woman's Call to Prepare the World for the Second Coming of Jesus Christ

We will learn what has been prophesied about women's vital role in preparing the world for the Second coming of our Savior and how to fulfill that divine call.



Workshops and Classes — Cont'd



Lindi Haws

Social Media is No Longer Social

Come learn how to alter your algorithm so your feed is a source of education, enlightenment and real human connection.



Lori Mortensen

I Know Thee By Name

"I know thee by name" were the comforting and eternally significant words the Lord gave Moses. It was true for the prophet of the Old Testament and it is true

for each of us. We are each known and loved by name by our Heavenly Parents and Savior. Together we will consider how knowing this truth can bring covenant keeping strength and pure joy into our lives!



Lynelle Horikami

How Firm is Your Foundation?

How firm is YOUR foundation? Don't let the spiritual storms erode your faith. Like Jesus, discover principles that will help your faith foundation grow firm

"in wisdom and stature, and in favour with God and man" (Luke 2:52).



Malissa McKay

You Are Divine, How Will You Shine?

As Daughters of God, we each play a special part in God's plan. Come discover how being a covenant woman can magnify

your gifts and enhance your influence in unique and powerful ways.



Marilee Whiting Woodfield

Navigating Relationships Through Differences in Religious Belief & Practice

When a loved one steps away from Church participation,

families often struggle to navigate the divide. This class explores religious disaffiliation and offers practical tools to help you communicate effectively, navigate belief differences, and preserve deep family connections—regardless of each person's religious path.



Marisol Nielsen

Transformadas por Su gracia, guiadas por Su don del espíritu — Transformed by His Grace, Guided by His Gift — the Holy Ghost

Jesus Christ meets us exactly where we are at. Allowing Him to completely transform our lives and letting the Holy Ghost guide us- not only for our lives, but to be His hands and feet.



Melissa McKneely

Peacemaking begins in the most basic of places... Your hearts.

Bio: Melissa McKneely serves as Communication Director for the Dallas East Coordinating Council and spokesman for the Fairview

Texas Temple. A UT Dallas graduate with 17 years in Church communication, she moved to Texas after serving a Spanish-speaking mission in Houston, where she met her husband, Stephen. Now Allen residents, they have four children. Melissa loves goal-setting—recently finishing a half marathon—lake trips, reading, and a cold Diet Dr Pepper.



Michelle Cox

Finding Peace in the Atonement of Christ

This workshop explores a powerful covenant promise: proximity to the Savior. Through scriptural examples, storytelling,

group discussion, and personal reflection, attendees will discover how covenant-making ensures Jesus Christ's active involvement in their lives and assistance through daily challenges. Women will learn how faithful covenant-keeping brings the Savior near, allowing them to experience His peace, guidance, and abiding presence in every season.



Mindy Phillips

Mahjong

Mindy Phillips has lived in five states, but Texas feels like home. She and her family love road-tripping and recently hit their goal of visiting all 50 states together.

Inspired by Crazy Rich Asians, Mindy learned American Mahjong and realized its power as a brain-boosting game. Now a homeschool mom, she loves sharing the game with others whenever she gets the chance.

Workshops and Classes — Cont'd



Nikki Harding

Golden Grace: Divine Restoration and the Art of Kintsugi

Join us for a transformative faith-based kintsugi class, where you'll learn the ancient art of mending broken pottery with gold, symbolizing the beauty of healing and restoration. This hands-on workshop combines creativity and spirituality, encouraging participants to reflect on personal growth through their own experiences of brokenness and renewal. Embrace the philosophy that our scars can become a source of strength and beauty.



President Gregg and Leticia Hames

Seeking Spiritual Strength

Bio: Married after meeting at BYU, Gregg and Leticia Hames are parents of three who moved to Texas in 2015. Hailing from England and Argentina, respectively, Gregg is a convert and aviation entrepreneur, while Leticia is a returned missionary from a multi-generational Latter-day Saint family. They love global travel, culture, and currently serve as Stake President and Primary teacher.



Ralphie Jacobs

Christlike Intentional Parenting

Ralphie lives in Austin, Texas, with her husband and four daughters. As an Early Childhood Education expert, she founded @simplyonpurpose—a community of over 660,000 families—to teach positive parenting, family culture, and intentional living. Through her audio course and national speaking engagements, Ralphie gives parents practical tools to create positive change in their homes.



Shannon Foster

Find Your Teaching Gifts

Shannon will help you see the teaching gifts you already carry, and give you a fresh, doable vision for what gospel teaching can look like in your home. Come ready to laugh, feel seen, and leave with real tools, not more guilt.



Shawna Edwards

Soundtracks that Shape Us: How Music Can Change Your Heart & Home

The presentation will make a case for using good music to increase faith, peace, and devotion in the home. It will explore practical ways to accomplish this, including strategies for reaching those who may not initially be on board. The presentation will be fun, interactive, and inspirational.



Suzanne Geiger

The Light We Choose

When we are in our darkest times, it can be difficult to see the Savior, let alone recognize His presence in our lives. This session will focus on what we know about the nature of God and intentional strategies for being able to see how He is transforming us even in the hardest times.



Tiffany Foulger

Mapping Your Patriarchal Blessing

Better understanding your patriarchal blessing and how it can be a guide for you in your life.



Zaundra Hathaway Romney

Christ-Centered Yoga

Christ centered yoga is a gentle movement and stretching class that combines breath work, meditation, and Scripture to help participants quiet their minds, strengthen their bodies, and draw closer to Jesus Christ. The focus is on worship, gratitude, and inviting God's peace into both body and spirit.





Service Opportunities

Bahnsen Gym, 10:00 a.m. - 4:00 p.m.

Pray.
Light the candle.
Fill the wall.



Take a name.
Feel His
power.

Write down a prayer, and
create a candle to take home!

St. Martha's Kitchen

Create yarn wrapped star
ornaments, which we will
provide to guests during
their meals throughout the
Christmas season.



The SharedDish

Assemble 150 meal kits to
be delivered to families in
the Dallas area.

HAGAR'S HEART

We see you.

Make "I See You" bracelets
and cards to encourage
women who have
experienced hardship,
reminding them they are
seen, valued, and not alone.



Assemble Angel Tree
packets for North Texas
families in need, bringing
hope, love, and Christmas
joy to children during the
holiday season.



The Samaritan Inn
HOPE FOR THE HOMELESS

Create wreaths to hang on
the doors of private rooms.
Families can take their wreath
with them when they transition
to independent living!





Assemble kits of toiletry items, toys, and snacks for families. We will also make and add bracelets and encouraging notes.



Make No-Sew T-Shirt Bags for Christ's Haven's pantry. These reusable bags help distribute food while reducing waste.



Make a variety of handmade ornaments to donate and brighten holidays for families as they rebuild from a time of loss.



Cut out laminated card games to allow the games to be sanitized between uses.

Make & decorate busy books for children waiting in the emergency room.

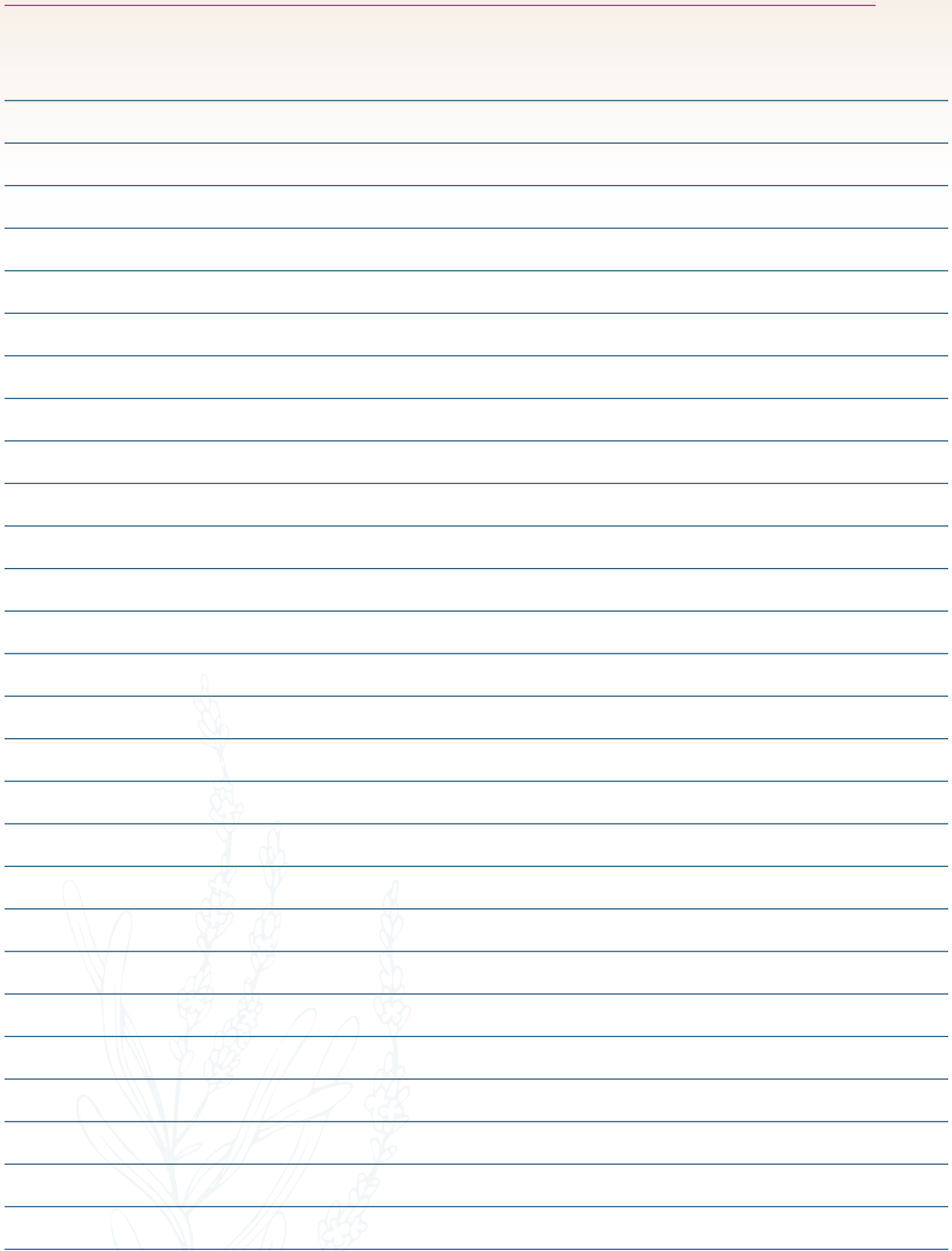
Decorate cards to place on a sick child's meal tray to brighten their day.

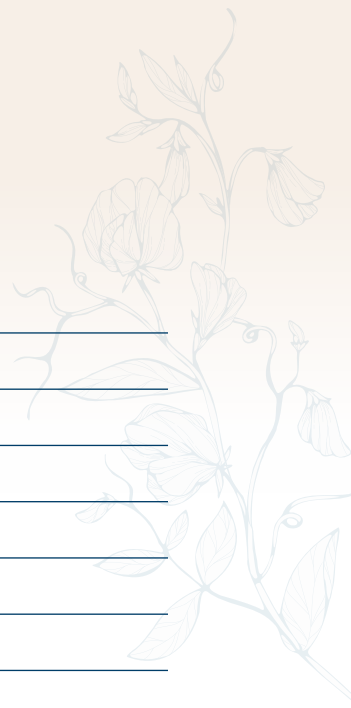


Write encouraging notes to remind clients they are valued, supported, and not alone.

Decorate tote bags that will be filled with essential donations for families, including diapers, hygiene items, self-care products, and food.

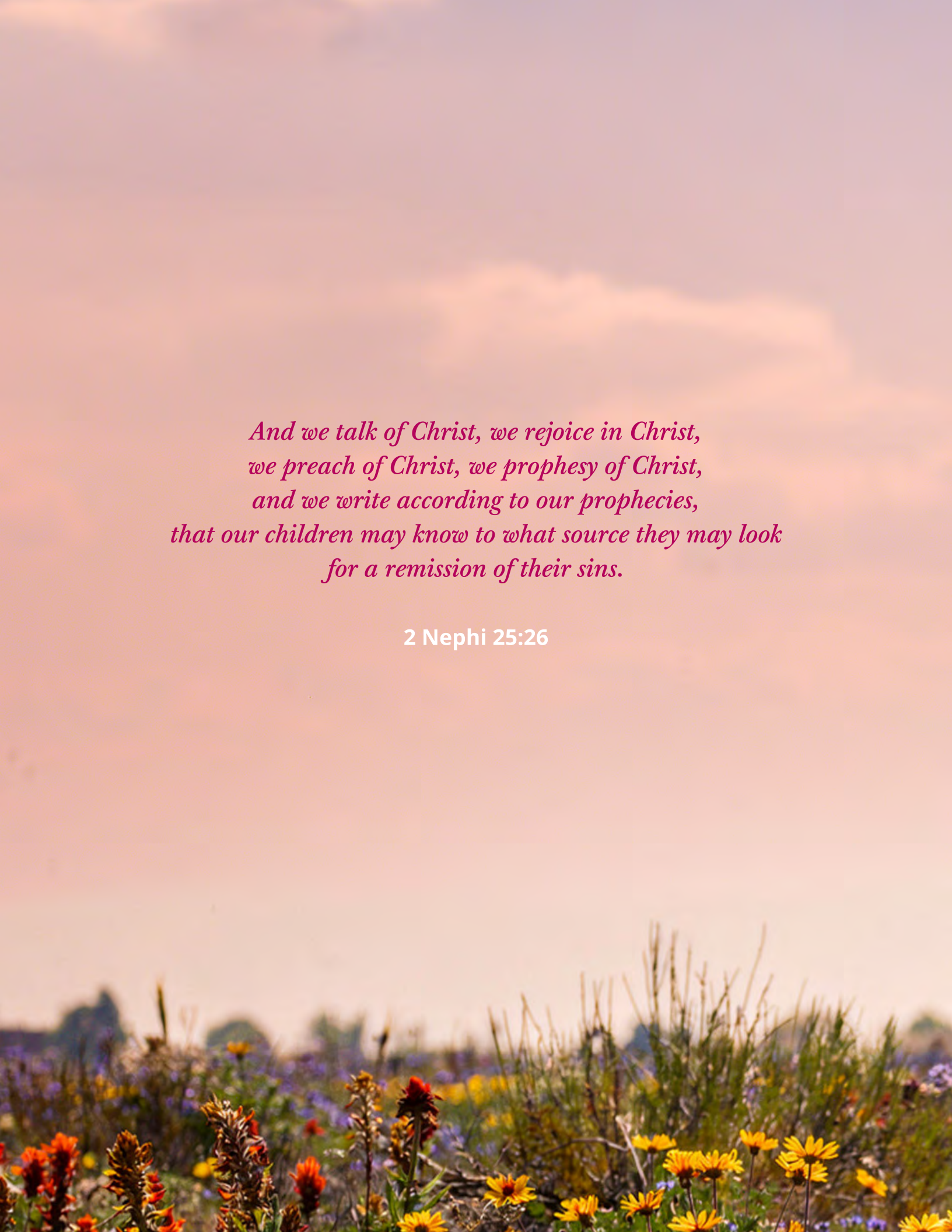


[illegible]



Lined writing area consisting of 25 horizontal blue lines.





*And we talk of Christ, we rejoice in Christ,
we preach of Christ, we prophesy of Christ,
and we write according to our prophecies,
that our children may know to what source they may look
for a remission of their sins.*

2 Nephi 25:26